



"ST. PATRICK THE ENLIGHTENER OF IRELAND"

## FORGIVENESS SUNDAY

MARCH 17, 2024

THE DIVINE LITURGY OF ST. JOHN OF CHRYSOSTOM



## CHURCH6S

#### HOLY TRINITY CATHEDRAL

279 South 300 West Salt Lake City, UT 84101 (801) 328-9681

#### PROPHET ELIAS CHURCH

5335 Highland Drive Holladay, UT 84117 (801) 328-9681

churchoffice@gocslc.org

### **CLERGY**



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter SIMEON PARDALIS - ASSISTANT PRIEST frsimeon@gocslc.org (801) 592-4886

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

## PARISH COUNCIL



#### 2024 EXECUTIVE BOARD

#### 2024 MEMBERS AT LARGE

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The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty -day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.



#### SUNDAY, MARCH 17 - Cheesefare Sunday - Bishop Constantine Presiding

Orthros / Divine Liturgy 9:00am - 11:00am @ PE only
Dionysius Dance Practice 2:00pm - 4:00pm @ PE Sm Gym

#### MONDAY, MARCH 18 - Clean Monday

Great Compline 6:00pm - 7:00pm @ PE
Girl Scouts Meeting 6:30pm - 8:30pm @ PE Sm Gym
Parish Council Meeting 7:00pm -10:00pm @ PE

#### TUESDAY, MARCH 19

Greek School 6:30pm -8:00pm @ PE
Living Your Orthodox Faith 7:00pm -8:30pm @ PE

Dionysius Dance Practice 8:30pm -10:30pm @ PE Sm Gym

#### WEDNESDAY, MARCH 20

PreSanctified Liturgy 6:00pm -7:30pm @ PE

Cub Scouts Meeting 6:00pm -7:00pm @ PE Classroom

#### THURSDAY, MARCH 21

Greek School 6:30pm -8:00pm @ PE
Choir Practice 7:00pm -8:00pm @ PE Choir
Dionysius Dance Practice 8:30pm -10:30pm @ PE Sm Gym

#### FRIDAY, MARCH 22

St. Sophia Greek Independence Day Program

Boy Scouts Meeting

11:00am - 1:00pm @ Sm Gym

6:00pm - 7:00pm @ PE Classroom

7:00pm - 8:30pm @ PE

#### SATURDAY, MARCH 23

3rd Saturday of Souls 9:00am -11:00am @ PE
Greek School 10:00am -1:00pm @ HT

#### SUNDAY, MARCH 24 - Sunday Of Orthodoxy

Orthros / Divine Liturgy 9:00am -11:00am @ Both Churches
Dionysius Dance Practice 2:00pm - 4:00pm @ PE Sm Gym
Greek Independence Day Dinner & Program 5:00pm - 8:00pm @ HT



## TODAY, MARCH 17 PROPHET ELIAS



#### SUNDAY, MARCH 24 HOLY TRINITY

Katerini "Katina" Gergerakis 6 - Month Memorial

#### SUNDAY, MARCH 31 HOLY TRINITY

Gregoria "Greg" Korologos: 3 ~ Year Memorial

The Korologos/Guin Family will host Coffee Hour

#### **PROPHET ELIAS**

Andrew Hatupis: 40 ~ Day Memorial The Kapos Family will host Coffee Hour

SUNDAY, APRIL 7
HOLY TRINITY





#### Άπολυτίκιον Άναστάσιμον

Εξ ὕψους κατῆλθες ὁ Εὕσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

#### <u>Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)</u>

Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἄγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

#### <u> Ἀπολυτίκιον Προφήτου Ηλιού</u>

Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

#### Κοντάκιον

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρός Λόγος ἰδοὺ γὰρ τὰ χείλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι Ελεῆμον, ἐλέησόν με τὸν παραπεσόντα.



#### Resurrectional Apolytikion

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You!.

#### Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

#### Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

#### **Kontakion**

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.



#### Προκείμενον:

Εὔξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

#### Στίχος:

Γνωστὸς ἐν τῷ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Πρὸς Ρωμαίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα

(13:11~14; 14:1~4)

Άδελφοί, νῦν ἐγγύτερον ἡμῶν ἡ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νὺξ προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν. Ἀποθώμεθα οὖν τὰ ἔργα τοῦ σκότους καὶ ἐνδυσώμεθα τὰ ὅπλα τοῦ φωτός. Ὠς ἐν ἡμέρα εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέθαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ, ἀλλ΄ ἐνδύσασθε τὸν Κύριον Ἰπσοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιεῖσθε εἰς ἐπιθυμίας. Τὸν δὲ ἀσθενοῦντα τῆ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὅς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενείτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω ὁ Θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; τῷ ἰδίῳ Κυρίῳ στήκει ἣ πίπτει, σταθήσεται δέ δυνατὸς γάρ ἐστιν ὁ Θεὸς στῆσαι αὐτόν.





#### Prokeimenon:

Pray and return to the Lord Your God.

#### Verse:

In Judah God is known; His name is great in Israel.

The reading is from Paul's Letter to the Romans

(13:11-14; 14:1-4)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.





#### Έκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(6:14-21)

Εἶπεν ὁ Κύριος Εὰν ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, ἀφήσει καὶ ὑμῖν ὁ πατὴρ ὑμῶν ὁ οὐράνιος ἐὰν δὲ μὴ άφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, οὐδὲ ὁ πατὴρ ύμῶν ἀφήσει τὰ παραπτώματα ὑμῶν. Όταν δὲ νηστεύητε, μὴ γίνεσθε ὥσπερ οἱ ὑποκριταὶ σκυθρωποί, ἀφανίζουσι γὰρ τὰ πρόσωπα αὐτῶν ὅπως φανῶσι τοῖς ἀνθρώποις νηστεύοντες. άμὴν λέγω ὑμῖν, ὅτι ἀπέχουσιν τὸν μισθὸν αὐτῶν. σὺ δὲ νηστεύων ἄλειψαί σου τὴν κεφαλὴν καὶ τὸ πρόσωπόν σου νίψαι, όπως μὴ φανῆς τοῖς ἀνθρώποις νηστεύων ἀλλὰ τῷ πατρί σου τῷ έν τῷ κρυπτῷ· καὶ ὁ πατήρ σου ὁ βλέπων ἐν τῷ κρυπτῷ ἀποδώσει σοι ἐν τῷ φανερῷ. Μὴ θησαυρίζετε ὑμῖν θησαυροὺς έπὶ τῆς γῆς, ὅπου σὴς καὶ βρῶσις ἀφανίζει, καὶ ὅπου κλέπται διορύσσουσιν καὶ κλέπτουσιν. θησαυρίζετε δὲ ὑμῖν θησαυροὺς έν οὐρανῷ, ὅπου οὕτε σὴς οὕτε βρῶσις ἀφανίζει, καὶ ὅπου κλέπται οὐ διορύσσουσιν οὐδὲ κλέπτουσιν. ὅπου γάρ ἐστιν ὁ θησαυρός ὑμῶν, ἐκεῖ ἔσται καὶ ἡ καρδία ὑμῶν.



## The reading is from the holy Gospel according to Matthew (6:14~21)

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

## LENTEN SERVICES SCHEDULE



#### **2024 LENTEN SERVICES**

#### All of the below Lenten Services will be held at Prophet Elias Greek Orthodox Church

(Only the 1st Saturday of Souls on March 9th will be at HT - iconography work at PE)

#### **GREAT COMPLINE**

Monday	March 18	6pm
Monday	March 25	6pm
Monday	April 1	6pm
Monday	April 8	6pm
Monday	April 15	6pm

#### PRE-SANCTIFIED LITURGY

Wednesday	March 20	6pm
Wednesday	March 27	6pm
Wednesday	April 3	6pm
Wednesday	April 10	6pm
Wednesday	April 17	6pm

#### **SALUTATIONS**

Friday	March 22	7pm	
Friday	March 29	7pm	
Friday	April 5	7pm	
Friday	April 12	7pm	
Friday	April 19	7pm	(Akathyst)

#### **SATURDAY OF SOULS**

March 16	9am
March 23	9am



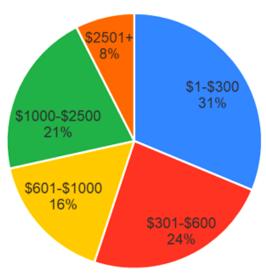
#### Stewardship Committee's Goal

To fully fund the church's operations and ministries at \$1.6 million for 2024.

With our parish size of 600 stewards, that is \$2,700/steward

To achieve our goal we thought it would be helpful to parishioners to understand the map of stewardship offerings from 2023

#### 2023 Pledge Distribution



55% of pledges were \$600 or below

In order to keep our parish vibrant for future generations, we ask that you kindly consider supporting His Church with a portion of the abundant blessing you have received. If possible, based on our 2024 budget of \$1,600,000, that works out to \$2,700/steward

## CHURCH CALENDAR

DATE	
Mar 17	PE only - Bishop Constantine
Mar 24	Both Churches
Mar 31	Both Churches
Apr 7	Both Churches



#### Oratorical Festival and Visual Arts Celebration

We would like to congratulate all the participants in our St. John Chrysostom Oratorical & Visual Arts Celebration! The presentations, visual arts, and musical entries were outstanding!

For the Oratorical portion of the celebration, the First-place speakers in each Division will be representing our Parish at the Metropolis Level Festival in Kansas City, Missouri, April 19-21, 2024.

- **Senior Division** 1<sup>st</sup> Place- Sam Chelemes; 2<sup>nd</sup> Place James Vekiarides; and 3<sup>rd</sup> Place Vasso Karahalios
- **Junior Division** 1<sup>st</sup> Place: Alexander Owen; 2<sup>nd</sup> Place Sophia Chatzis; 3<sup>rd</sup> Place Xanthe Kapos-Pullos; and Honorable Mention Andrew Vekiarides.

Thank you to our outstanding judges, Jeannine Timothy, Christopher Coombs, and Bob Nelson

For our Visual Arts entries, congratulations to the following participants:

- Art: Zoey Ihnen
- Art & Sculpture: Ana Mantas
- Music: George Rebol

Also, thank you to the John Chrysostom Oratorical & Visual Arts Celebration Committee for putting on an excellent event and thank you to everyone who attended and supported our youth!

Committee Members: Elenie Sefandonakis, Paul Karahalios Tia Athens, Trish Kapos, Amy Dudley, Goldie Kacinski, Angie Hillas and Yanni Hillas Oratorical Festival Judges: Jeannine Timothy, Christopher Coombs, Bob Nelson

Oratorical Festival Timekeeper: Elpitha Gamvroulas

Workshop Speakers: Kiki Karahalios, Maria Shilaos and Bob Nelson

Master of Ceremonies: Bill Sergakis

Set up: Bobby Marcooles and John Gaviotakis



May God continue to bless our children!



## YAL/ORTHODOX YOUNG PROFESSIONALS MEET & GREET/DINNER WITH

BISHOP CONSTANTINE
OF SASSIMA

FRIDAY, MARCH 15, 2024 6:00PM - 8:00PM PE SMALL GYM

#### SAVE THE DATE

JR. GOYA & SR. GOYA MEET & GREET WITH THE CHANCELLOR & SERVICE ACTIVITY

> MARCH 16 AT PE 1:00-3:30 PM

His Grace Bishop Constantine of Sassima will preside over this event. This is a unique honor for our GOYAns. With respect to our chancellor, this event is mandatory.

Registration and service activity details are forthcoming.



#### Mandatory Event for All Jr. & Sr. GOYAns

His Grace Bishop Constantine of Sassima will join us for this event as a meet and greet and discussion. This is a unique honor for our GOYAns.

#### **Service Activity**

We will be filling Spring Break Meal Bags for For the Kids. We ask that everyone signs up to bring 4 items.

Click HERE to RSVP



or SCAN code

#### **Parish Outreach Ministry**

Dear Fellow Parishioners:

As we are about to commence Holy and Great Lent, which is a time for self-reflection, rebirth and re-commitment to our Faith. Orthodoxy is a world-wide faith. Our biblical command to go forth and baptize all, known as the Great Commission, is more than a guide for us. It is imperative. As a member of the Metropolis Council for the last six years, I have tried to learn what works in other parishes. I studied what other parishes are doing to keep and grow their membership. The most successful parish programs don't rely solely on the priests to do the work of reaching out to former and new or prospective members, but actively assist in outreach. It is time for us to do the same.

One of the biggest criticisms of all Greek Orthodox parishes is the complaint that we are insular and uninterested in getting to know those who are looking to join the church. The second is that we look down on those who don't come to church very often and ask, "Where have you been? "The final criticism is that we only reach out to them for money. To the extent we have given anyone this impression, we need to correct our path by proactively changing how we deal with our lapsed members and those investigating our faith and our parish.

In line with the what the more successful and growing parishes do, we are organizing a Parish Outreach Committee to explore best practices and bring organization and structure to our efforts under the guidance of our clergy and in cooperation with other church ministries. This Sunday, March 17<sup>th</sup>, immediately following joint services at Prophet Elias, I would like to meet in the Prophet Elias board room for an organizing meeting. The purpose of this meeting is to see who else will be willing to participate and discuss the next steps. I ask any who would like to participate in the Outreach Committee to attend. We need participation from a cross section of the parish. It is my hope that everyone, whether from third generation Greek families, recent immigrants, new converts and those enthusiastic about sharing our faith can attend. You will not be asking for money. You will be asked to be friendly, introduce yourself to new arrivals, contact lapsed members and to participate in fellowship events. We will no longer ask "where have you been?" but instead exclaim "it is good to see you!"

I hope to see you this Sunday. The meeting will go no more than 20 minutes as we all need to attend the fellowship hour with His Grace Bishop Constantine.

Call me if you have any questions.

Harry Souvall 385-296-7768



The following items are needed to decorate our two churches for Holy Week & Pascha, and to provide for the particular liturgical needs for the various sacred services. Your generous donations directly underwrite these costs, and accentuate the joyful-sorrow (χαρμολύπη) of Christ's Passion, and the radiance of His Resurrection. Please make checks payable to Greek Orthodox Church of Greater Salt Lake (memo: *Easter Donation*)

- 1. Palms to be distributed on Palm Sunday
- 2. Palm trees to be placed inside the churches on Palm Sunday
- 3. Flowers to decorate the Icon of Christ *The Bridegroom* (Nymphios)
- 4. Olive oil & cotton balls for Holy Unction
- 5. Eggs & red dye
- 6. Flowers for the base of the Crucifix on Holy Thursday
- 7. Flowers for the wreath to adorn the Crucifix on Holy Thursday
- 8. Candles for the Crucifix on Holy Thursday (3 sets of 3)
- 9. Candles for the 12 Gospels readings on Holy Thursday
- 10. Gardenias to be placed on the top of the Epitaphios
- 11. Flowers for the wreath of the Resurrection Banner
- 12. Bay leaves for Holy Saturday morning
- 13. Flowers for the wreath of the Resurrection Banner
- 14. Flowers to decorate the icon of the Resurrection
- 15. Resurrection candles for the clergy
- 16. Dozens of lilies to decorate the churches for Pascha & Bright Week



#### Minos Chapter, HCA Honor the Memory Of Greek Victims of 1924 Mine Disaster

#### - The Castle Gate Mine Disaster -

The tragic deaths of 50 Greek immigrants -- 49 from Crete -- in a mine explosion 100 years ago at Castle Gate, Utah, and the devastation, heartbreak and courage encountered by their widows and fatherless children afterward, were the focus of memorial services on March 10 at Holy Trinity Cathedral and the Memorial Hall.

A trisagion service at the monument located on the grounds of the cathedral was performed by Fr. George Nikas and assistant priest Fr. Simeon Pardalis. Each departed miner's name was read aloud during the service. The monument was dedicated in April 1988. It lists the Castle Gate miners and other Greeks of the area who were killed in service to our country or in construction and mining accidents in the early 20th Century.

Lunch in the Memorial Hall was hosted by the Minos Chapter. More than 200 attendees viewed a photo collection, provided by Minos Chapter and the HCA, of a mine map, the mass funerals, caskets and news reports that depicted the tragic scenes left by the mine explosion.

Historian Andrew Hillas, of Price, Utah, gave a gripping account of that fateful March 8, 1924, explosion. Also addressing the group was Ms. Kelly Kourianos, wife of the mayor of Price, who spoke on behalf of her husband who was unable to attend the memorial services.

Niko Vamianakis, Minos President, welcomed the crowd





Jeannine Timothy, HCA President, introduced speakers Kelly Kourianos and Andrew Hillas.

Keynote speaker, Andrew Hillas, offered a riveting historical account of the mine disaster.



# LIVING YOUR ORTHODOX FAITH

Interested in learning more about the Orthodox Faith?

Have questions on "Orthodox Praxis the practical aspects of our Faith?

All, especially Young
Adults, are
encouraged to join us
for a fun &
informative
discussion class with
Fr. George.

This is a continuation of Orthodoxy 101 taught by the Athens Brothers and is intended for all who desire to learn more about the traditions of Orthodoxy.

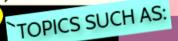
on TUESDAYS

BEGINNING MARCH 12, 2024

7:00 PM - 8:30 PM

PE - BOARDROOM





SOCIAL ISSUES



## WE NEED DANCE INSTRUCTORS FOR OUR CUTEST HELLENIC DANCERS LAMBS, HOPE, & JOY



SCAN FOR MORE DETAILS OR EMAIL US YOUR INTEREST AT DANCE@GOCSLC.ORG DEADLINE MARCH 30



#### LAMBS, HOPE, & JOY

4 YEAR OLD - 5TH GRADE

FINAL CALL!!

#### **REGISTRATION DEADLINE**

MARCH 24TH

\*LATE REGISTRATION CANNOT BE ACCEPTED

START DATE: SUMMER 2024 TO PREPARE FOR GREEK FESTIVAL 2024!



## The Hellenic Cultural Association's Holy Trinity Church Through the Years



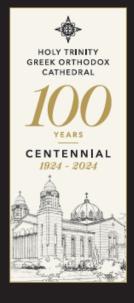
This group of 33 Greek immigrants attended Holy Friday services at Salt Lake City's original Holy Trinity Church in 1913, prior to departing for Greece to fight for their homeland in the Balkan Wars of 1912-1913.

(The Balkan Wars involved Greece, Bulgaria, Serbia, Montenegro and the Ottoman Empire.)



## SAVE the DATE

SATURDAY OCTOBER 19, 2024



GRAND AMERICA HOTEL SALT LAKE CITY, UTAH

HOLY TRINITY CATHEDRAL

## 100 YEAR ANNIVERSARY GALA

GALA SPONSORSHIP OPPORTUNITIES AND COMMEMORATIVE ALBUM
ADVERTISEMENTS INFORMATION TO FOLLOW

#### Thank you to the Tulsa Boys Basketball Teams and Coaches:

**Tulsa Sr Boys Coaches**: Basil Chelemes, Nektarios Zervos, Yanni Hillas and Steve Hillas **Tulsa Jr Boys Coaches**: Billy Feotis and Pete Giamalakis

#### 2nd Place Champions - Jr. Boys



#### Thank you to our Tulsa Parent Volunteers:

**Chaperones** - Nicos Vekiarides, George Lyhnakis, Patricia Pippas-Barton and Danny Kourianos.

Parent Volunteers: Megan Giamalakis, Danny Kourianos, Vasili Lyhnakis, Wendy Feotis, Nektarios Zervos, Alethia Chatzis, and Stephanie Kourianos

#### Thank You to the FDF Dancers and Instructors!



#### **FDF Dance Instructors:**

Michael Giamalakis, Anna Deneris, Sophia Olson, and Andre Albert

## PHILOPTOCHOS CORNER

**Mardi Bras Drive by-Drop Off-** for the Salt Lake City Mission. Saturday, March 16 - 10am-12pm at Prophet Elias. See flyer below.

**Hosting Coffee Hour in honor of Bishop Constantine's Visit -** Sunday, March 17 at Prophet Elias

#### **Koulouria Baking for Pascha -**

Tues & Wed, March 26 & 27- starting at 9am at Holy Trinity Warehouse

#### **General Meeting -**

Tuesday, April 2 - 6:30pm at Prophet Elias Board Room

#### Save The Date for the Lenten Retreat -

Saturday, April 20 - more details to follow



## The Salt Lake City Mission is in need of feminine products for women and teens.

We ask that you bring any of the following items: Lightly Used or New Bras, Pads, Tampons, Shampoo/Soap, Lotion, Brushes/Combs, Toothbrushes/Toothpaste, Nail Products, Toiletries, and New Women's Under-Garments.

Come and support Mardi Bra and join us for a cup of coffee and a sweet treat!





## THE YOUNG AT HEART WILL HAVE THEIR LUNCHEON ON THURSDAY APRIL 11

IN THE HELLENIC MEMORIAL HALL AT NOON. COME JOIN US, DESSERTS ARE WELCOME AND APPRECIATED

Καλό Πάσχα!





#### ARCADIAN SQUARE Πλατεια Αρκαδια

The Salt Lake City Chapter #90 "Theodoros Kolokotronis" will be getting together. We look forward to seeing you. We welcome Arcadians and their families to become a member.

#### CHAPTER DINNER AND LEVIDI PRESENTATION

Tuesday, March 19, 2024, 6:00 pm,
The Other Place Restaurant.
Looking forward to hearing all about Levidi, Arcadia from
Tricia Louras.





## MARCH 25<sup>TH</sup> GREEK INDEPENDENCE DAY CELEBRATION

SAVE THE DATE <u>SUNDAY, MARCH 24TH</u>

GREEK SCHOOL PROGRAM at 5:00pm

DINNER at 6:30pm

HOLY TRINITY MEMORIAL BUILDING

Keynote Speaker:

Christopher Coombs





Ζήτω η Ελλάς!





For more information on Camp Emmanuel, go to:

https://youth.denver.goarch.org/web/metropolis-of-denver/-/2024-camp-emmanuel





San Diego, California | July 3-7, 2024

UNIFY

Please scan the QR code or click <u>HERE</u> for YAL National conference booking information





## **APOKREAS 2024**

JR. & SR. GOYA SINCERELY THANKS THE SPONSORS, RAFFLE DONORS, PLANNING COMMITTEE, CHURCH OFFICE STAFF AND VOLUNTEERS AND FOR AN AMAZING EVENT & FUNDRAISER! WE TRULY APPRECIATE THOSE FROM THE PARISH WHO ATTENDED TO SUPPORT OUR YOUTH MINISTRIES.



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SILENT

FOR 2 VIP SKYBOX TICKETS
MARCH 23 | 3 PM | DELTA CENTER

SUNDAY DURING COFFEE HOUR @ PE

#### Parish Lenten Retreat Hosted by Philoptochos

Saturday, April 20, 2024 9:30am-1:00pm at Prophet Elias Guest Speaker – Fr. Dan Suciu

- · 9:30-10:00 Continental Breakfast
- · 10:00-12:00 Presentation
- · 12:00-1:00 Lenten Potluck-please bring your favorite Lenten dish to share

Fr. Dan will be presenting on:

"We are called to be Saints..."

In Adam and Eve, we were made in God's "image and likeness"; Adam lost "the likeness", but Jesus is the New Man, the full "image and likeness" of God. One of God's essential characteristics is Holiness. Jesus is the real Holy Man and, in Him, all of us can become holy, Saints, His icons for those around us unto ours and their salvation.

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"Suffering and challenges..."

The Western Christendom teaches, "Jesus suffered on the Cross FOR us", that "He paid the

Debt" we incurred in Adam and Eve. It is a legalistic approach to salvation and it can harm us when facing pain and suffering. The Eastern Christianity believes that "Jesus's suffering on the Cross is, not only FOR us, but also IN us", that His suffering expands in our own, making pain and suffering an OPPORTUNITY for salvation, rather than a tragedy"

Fr. Dan was born on August 27, 1955 in Dumbraveni, central Transylvania, Romania. After graduating high school, he graduated in 1979 from the Theological Orthodox Institute of Sibiu, Romania and got admitted to the doctoral classes in theology at the Theological Institute of Bucharest. In September of 1982, he received a scholarship at the Princeton Theological Seminar to work on his doctoral thesis in Pastoral Theology. In January 1984, he accepted Archbishop Victorin's call to work as a missionary for the Romanian Orthodox Missionary Archdiocese of North America. He spent 10 years in parishes in Canada after which he worked in parishes in the U.S. He was accepted in the GOA in 1996 and has been part of the Metropolis of Denver ever since. Fr. Dan is married to Delia Mihaiela and they are the parents of Sylvia (John) and Christopher, and grandparents of Daniel and Anna. Fr. Dan is presently retired and lives in San Antonio, Texas.

## ANNOUNCEMENTS

For items to submit to the bulletin, the deadline is still 3pm on Wednesday of each week, however, please include both email addresses below, so there are no delays in forwarding between us in the office.

churchoffice@gocslc.org AND kim@gocslc.org.

Thank you so much for your assistance with making our bulletin deadline.



## THE HCA WEBSITE IS LIVE! hellenicculturalassociationofutah.org

Let's bring out the band and celebrate!

Visit our new website to learn more about the HCA.



#### SAVE THE DATE --

Watch for more information on the upcoming events below

#### Spring Parish Assembly ~

Sunday, April 21 at PE ~ Note \*new date 12:00pm Lunch & 12:30pm Assembly begins.