



GREEK
ORTHODOX CHURCH
OF GREATER SALT LAKE



MARCH 12, 2023

SUNDAY
OF
ST. GREGORY PALAMAS

THE DIVINE LITURGY
OF ST. BASIL



CHURCHES



HOLY TRINITY CATHEDRAL

279 South 300 West
Salt Lake City, UT 84101
(801) 328-9681

PROPHET ELIAS CHURCH

5335 Highland Drive
Holladay, UT 84117
(801) 277-2693

churchoffice@gocslc.org

CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN
frgeorge@gocslc.org (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

PARISH COUNCIL



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SUNDAY OF ST. GREGORY PALAMAS



This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Berœa. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against

Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.



THIS WEEK'S SCHEDULE



SUNDAY, MARCH 12 ~ Daylight Savings (Spring forward)

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
YAL Sunday		@ PE
Dionysios Dance Practice	2:00pm~4:00pm	@ PE Sm Gym
Minotavros Dance Practice	4:00pm~9:00pm	@ PE Lg Gym

MONDAY, MARCH 13

Great Compline	6:00pm~7:00pm	@ PE
GOYA Basketball Practice	6:00pm~10:00pm	@ PE Lg Gym
Girl Scouts	6:30pm~8:30pm	@ PE Sm Gym

TUESDAY, MARCH 14

Greek School	6:30pm~8:00pm	@ PE
HCA Meeting	7:00pm~8:30pm	@ HT
Dionysios Dance Practice	8:30pm~10:00pm	@ PE Sm Gym

WEDNESDAY, MARCH 15

PreSanctified Liturgy	6:00pm~7:00pm	@ PE
Jr & Sr GOYA Dance Practice	6:00pm~8:00pm	@ HT Gym
Boy Scouts Meeting	6:00pm~8:00pm	@ PE Sm Gym

THURSDAY, MARCH 16

Greek School	6:30pm~8:00pm	@ PE
Minotavros Meeting	6:30pm~8:30pm	@ PE Board Room
Choir Practice	7:00pm~8:00pm	@ PE
Dionysios Dance Practice	8:30pm~10:00pm	@ PE Sm Gym

FRIDAY, MARCH 17 ~ St. Patrick's Day

3rd Salutations	7:00pm~8:30pm	@ PE
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SATURDAY, MARCH 18

Greek School	10:00am~1:00pm	@ HT
YAL - Skiing at Brighton	4:00pm	

SUNDAY, MARCH 19 ~ Veneration of the Holy Cross

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
Oratorical Festival	Following Service	@ HT
Dionysios Dance Practice	2:00pm~4:00pm	@ PE Sm Gym
Minotavros Dance Practice	4:00pm~9:00pm	@ PE Lg Gym



MEMORIALS & SERVICES

SUNDAY, MARCH 12

AT HOLY TRINITY

Evangelos Tsoutsounakis: 2 ~ Year Memorial

Maria Vardakis: 30 ~ Year Memorial

Chris Tsoutsounakis: 49 ~ Year Memorial

AT PROPHET ELIAS

Nicholas George Kepros: 40 ~ Day Memorial

MaryAnn Hudak: 40 ~ Day Memorial

Nick Alexopoulos: 40 ~ Day Memorial

John Hudak: 17 ~ Year Memorial

SUNDAY, MARCH 19

VENERATION OF THE HOLY CROSS

SUNDAY, MARCH 26



SUNDAY, APRIL 2

AT HOLY TRINITY

Michael (Mitch) Manousakis: 6 ~ Year Memorial

Helen Manousakis: 36 ~ Year Memorial

Georgia Iatrakis: 48 ~ Year Memorial

George Manousakis: 67 ~ Year Memorial

Christos Iatrakis: 67 ~ Year Memorial

AT PROPHET ELIAS

Nick Mihalopoulos: 5 ~ Year Memorial



ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



Ἀπολυτίκιον Ἀναστάσιμον

Ἄγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήνησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Τοῦ Ἱεράρχου

Ορθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονή, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργέ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Εὐλογητός εἶ Χριστέ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα σοι.

Ἀπολυτίκιον Προφήτου Ηλίου

Ο ἑνσαρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεύτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἑνδοξος, ἄνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

Κοντάκιον

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.



HYMNS OF THE DAY



Resurrectional Apolytikion

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

For the Hierarchy

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

Kontakion

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.



Ο ΑΠΟΣΤΟΛΟΣ



Προκείμενον:

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχος:

Πρὸς σέ, Κύριε, κεκράζομαι, ὁ Θεός μου.

Πρὸς Ἑβραίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα

(1:10-14; 2:1-3)

Κατ' ἀρχάς σὺ, Κύριε, τὴν γῆν ἐδεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσι. Πρὸς τίνα δὲ τῶν ἀγγέλων εἶρηκέ ποτε· κάθου ἐκ δεξιῶν μου ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; οὐχὶ πάντες εἰσὶ λειτουργικὰ πνεύματα εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσι, μὴ ποτε παραρῥυῶμεν. Εἰ γὰρ ὁ δι' Ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευζόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; ἥτις ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ Κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.





THE EPISTLE



Prokeimenon:

O Lord, save Your people, and bless Your inheritance.

Verse:

To You, O Lord, I cry; O my God.

The reading is from Paul's First Letter to the Hebrews

(1:10~14; 2:1~3)

"In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.





ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Ἐκ τοῦ κατὰ Μάρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(2:1-12)

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθε ὁ Ἰησοῦς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοὶ, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων. καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· Τέκνον, ἀφένταί σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· Τί οὕτως οὕτως λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς εἶπεν αὐτοῖς· Τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφένταί σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· Σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.



THE GOSPEL



The reading is from the holy Gospel according to Mark

(2:1-12)

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



OUR JOURNEY TO PASCHA! 2023

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 5th	 <i>TRIDION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 12th	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 19th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare FEBRUARY 26th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 5th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 12th	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 19th	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHAI</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent MARCH 26th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 2nd	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 9th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 14th	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 16th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!





2023 LENTEN SERVICES

All of the below Lenten Services will be held at
Prophet Elias Greek Orthodox Church
due to chanters' availability

GREAT COMPLINE

Monday	March 13	6pm
Monday	March 20	6pm
Monday	March 27	6pm

PRE-SANCTIFIED LITURGY

Wednesday	March 15	6pm
Wednesday	March 22	6pm
Wednesday	March 29	6pm

SALUTATIONS

Friday	March 17	7pm
Friday	March 24	7pm Great Vespers of Annunciation
Friday	March 31	7pm (Akathyst)





SPECIAL OFFERINGS FOR HOLY WEEK



The following items are needed to decorate our two churches for Holy Week & Pascha, and to provide for the particular liturgical needs for the various sacred services. Your generous donations directly underwrite these costs, and accentuate the joyful-sorrow (χαρμολύπη) of Christ's Passion, and the radiance of His Resurrection. Please make checks payable to Greek Orthodox Church of Greater Salt Lake (memo: *Easter Donation*)

1. Palms to be distributed on Palm Sunday
2. Palm trees to be placed inside the churches on Palm Sunday
3. Flowers to decorate the Icon of Christ *The Bridegroom* (Nymphios)
4. Olive oil & cotton balls for Holy Unction
5. Eggs & red dye
6. Flowers for the base of the Crucifix on Holy Thursday
7. Flowers for the wreath to adorn the Crucifix on Holy Thursday
8. Candles for the Crucifix on Holy Thursday (3 sets of 3)
9. Candles for the 12 Gospels readings on Holy Thursday
10. Gardenias to be placed on the top of the Epitaphios
11. Flowers for the wreath of the Resurrection Banner
12. Bay leaves for Holy Saturday morning
13. Flowers for the wreath of the Resurrection Banner
14. Flowers to decorate the icon of the Resurrection
15. Resurrection candles for the clergy





YAL

Skiing, Snowboarding & Tailgating

**March 18th @3:30 pm,
Brighton Resort**

8302 S Brighton Loop Rd. Brighton, UT 84121

Make a reservation online now!

Brightonresort.com → lift tickets → buy now → night → select March 18th

\$58 per person pre-tax

Ski free if you have an IKON pass

Don't ski or snowboard? Come tailgate!

RSVP to Jon Louis Pezely 801.696.7317

Carpool with friends! Limited parking will be available

[Click here for the Lift Ticket page](#)





PHILOPTOCHOS CORNER

Upcoming Events – Mark your calendars!

- **Mardi Bra Drive By** – Saturday March 18th 11:00am-1:00pm at Prophet Elias - *See Flyer below for full details*
- **Koulouria Baking for Pascha** –
Friday March 31st beginning at 9:30am Holy Trinity Warehouse
- **Pascha Basket Preparation and Delivery** –
Saturday April 8th beginning at 10:30am Holy Trinity
- **Annual Loukoumades on Palm Sunday** - at both churches.
- **Pascha Preparation:**
 - o Dyeing of Eggs & Prepping flowers for Kouvouklion
Holy Thursday, April 13th 9:30am Holy Trinity Warehouse
 - o Decorating Kouvouklion
 - § Friday, April 14th 10:00am Holy Trinity
 - § Friday, April 14th 10:00am Prophet Elias



Save the Date

2nd Annual - Drive-By
MARDI BRA!

Saturday, March 18

11am - 2pm

Prophet Elias North Parking Lot

This project is a collaboration in support of the Salt Lake City Mission. Please help us collect the following items:

bras (new), feminine hygiene products, shampoo/soap, brushes, combs, toothpaste/toothbrushes, nail products, toiletries, and women's new undergarments.

As you drop off your items, stop by for a cup of coffee, pastries and a little pare! Thank you for your continued support of Philoptochos and the many good things we do with your assistance!



**MARDI
BRA**

MARDI BRA is an initiative to collect and provide **feminine hygiene** products for women and teens who do not have easy access to these products.





GREEK
INDEPENDENCE DAY
PROGRAM AND DINNER

HOSTED BY: GREEK SCHOOL, HCA & PARISH COUNCIL

SUNDAY
MARCH 26

5:00PM AT HOLY TRINITY

KEYNOTE ADDRESS BY
JOHN SALTAS

*"Where are the
Greeks of Utah?"*



DANCE PERFORMANCE BY THE CRETAN YOUTH





**HELLENIC CULTURE AND DANCE
SCHOOL OF GREATER SALT LAKE**

**6TH-12TH SCHEDULE
ANNOUNCED!**



JR. GOYA GRADES 6TH-8TH

WED, MARCH 1, 8, & 15

***H.T. 6PM-7PM**

***NOTE: LOCATION CHANGE**

SR. GOYA GRADES 9TH-12TH

WED, MARCH 1, 8, & 15

***H.T. 7PM-8PM**

NOTE: LOCATION CHANGE

!!MANDATORY PARENT ATTENDANCE!!

**MARCH 1ST FOR
BOTH GROUPS**

JR. GOYA & SR.GOYA



MARCH 22, 29, APRIL 5 6PM-8PM H.T.

JR. GOYA & SR. GOYA

**..... FOLLOWING EASTER, PRACTICES WILL
..... BE AT PROPHET ELIAS EACH
..... WEDNESDAY, 6-8 P.M.
.....**

**PRE-K-5TH LOOK FOR SCHEDULE ANNOUNCEMENT IN APRIL
QUESTIONS? CONTACT ORIE @ 801 808 6542**





**SAVE THE
DATE!**

PASCHALINO

GLENDI

Community event benefiting our dance ministries.

APRIL 22

6:00PM

**HOLY
TRINITY**

*Community dancing to DJ Haris Ksydis and
introduction of our dance groups.*

DINNER

RAFFLE

FULL CASH BAR

DANCING

PAREA

Adult Ticket - Ages 12+

\$25 Pre-Sale
\$35 at the Door

Kids Ages 6 to 11

\$15 Pre-Sale
\$25 at the Door

Kids 5 & Under Free

**Ticket
Sales
Begin
March 24!**

Cocktail Attire

Questions?

Chris Pullos, 801-860-4487
Roula Sargetakis, 801-244-1440





Saint Sophia School

Discover, Explore, Imagine, Create

Enrollment open for 2023-2024

- Toddlers (18 mo. - 2 1/2 yrs.)
- Early Three
- PreK-3
- PreK-4
- Kindergarten (Half and Full Day)



Come join us for a wonderful school year!

Email: director@saintsophiaschool.org

Phone: 801-424-1297

5341 S. Highland Drive, Holladay Utah



SR. GOYA 9TH-12TH

**SAVE
THE
DATES!**

APRIL 1

Join Father George and the GOYA officers for a debate at the U of U. TOPIC: Is God Necessary for Ethics? Meet at The Other Place for dinner @ 5pm and we will carpool/caravan to the U.

APRIL 7 & 8

Overnight Lenten Retreat at Prophet Elias. Bring a sleeping bag, snacks, and some cheer. 7pm-7am. Dinner, games. Orthodox fellowship. Plan to stay & volunteer on Saturday morning with the LHJ Saturday of Lazarus retreat.

MAY 13

Mystery Bus! 10-7! Hop on and enjoy the ride! Where does it go? Nobody knows?!?! A day of adventure ending with kickball, BBQ, and elections for the 23/24 year of P.E. Pavillion,

SAVE THE DATE

JR. GOYA HOLY FRIDAY RETREAT

April 14 | 2 to 6:30 pm
Prophet Elias



ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Sunday , March 19th, 2023

Calling all 7th through 12th graders:



- Do you always have something to say?
- Do you want a chance to go to San Antonio, Texas?
- Want to learn more about your faith?
- Want a chance to earn some extra cash?



Then the St. John Oratorical Festival is for you!

What do you need to do?

- Select one of the topics to the right that is listed within your grade.
- Prepare a speech. Please note time limits:
 - Junior Division (7th-9th grade), time limit: 3 to 4 minutes
 - Senior Division (10th-12th grade), time limit 4 to 5 minutes

Present your speech on Sunday, March 19th, 2023, at Holy Trinity

Note: There is one combined competition for Sunday School programs of HT and PE.

You must have written copy of your speech for the judges too.

Prizes and What Happens Next:

Metropolis District Competition:

- First Place winner from the Junior and Senior Division advance to the Metropolis District Competition and represent our parish.
- Metropolis Oratorical Festival, May 5th- 7th, in San Antonio, Texas.

****Cash Prizes Awarded****

- \$100-to First-place winner in the Jr. & Sr. division
- \$50-to Second-place winner in the Jr. & Sr. division
- \$25-to Third-Place winner in the Jr. & Sr. division
- Prizes for Honorable Mention placement!

Topics and Information:

JUNIOR DIVISION (GRADES 7-9)

TOPIC 1

Orthodox tradition teaches that the saints remain spiritually active beyond their earthly life. Discuss how we ask the Saints to intercede and pray for us and why.

TOPIC 2

Orthodox Christians honor the Virgin Mary, the Most Holy Theotokos. What does the Orthodox Church believe about her and her role in our salvation?

TOPIC 3

The sacraments are the mysteries of the Church through which God gives us His grace by actions, words, and material objects (for example, oil, wine, and bread). Pick one sacrament and explain its meaning.

TOPIC 4

Jesus models and teaches humility throughout His life and ministry. Discuss the challenges of living according to Jesus' teachings in a society that does not necessarily emphasize humility.

TOPIC 5

Consider and discuss why and how icons are central to our faith and Orthodox practice.

SENIOR DIVISION (GRADES 10-12)

TOPIC 1

The Ecumenical Patriarchate in Constantinople is the highest seat and the Mother Church of Orthodox Christians. The Ecumenical Patriarch is the spiritual leader of 300 million Orthodox Christians worldwide. Discuss how the Patriarchate has been a symbol of unity, a source of missionary growth, an advocate of dialogue among Christians, and a defender of the historical Orthodox Faith.

TOPIC 2

During times of crisis, our faith is tested. How are Orthodox Christians taught to understand and manage pain and suffering?

TOPIC 3

The Christian message in C.S. Lewis's *The Lion, the Witch and the Wardrobe* has influenced many believers of Christ. How has another work of fiction inspired people to seek Jesus Christ?

TOPIC 4

We have lived through a pandemic and emerged with deep societal divides. How can our faith in Christ heal us and take us forward together?

TOPIC 5

The Resurrection of Jesus Christ both transforms the relationship between God and humanity and alters the course of history. How would you explain its significance to someone who has not heard about it or is unsure if God exists?

Questions? please Call

Elenie S. 801.718.7515 | Denise N. 801.604.6782 | or Paul K. 801.870.1514

For more details and tips, visit the Archdiocese website

<https://www.goarch.org/-/st-john-chrysostom-oratorical-festival>



ANNOUNCEMENTS

- Church Office Email ~ Please update your Church office email correspondence and email address books to: churchoffice@gocslc.org

----- SAVE THE FOLLOWING DATES -----

More Information forthcoming for all dates below

- Greek Independence Day Dinner - Sunday, March 26 at HT
- Saturday of Lazarus Retreat - Saturday, April 8th at PE
- Young at Heart - Next YAH luncheon will be Thursday, April 20
- OPA Camp - Week of June 19th