



CHURCH6S

HOLY TRINITY CATHEDRAL 279 South 300 West, Salt Lake City, UT 84101 (801) 328-9681 PROPHET ELIAS CHURCH 5335 Highland Drive, Holladay, UT 84117 (801) 277-2693

CHURCHOFFICE@GOCSLC.ORG

CLERGY

V. Rev. Archimandrite GEORGE NIKAS - CATHEDRAL DEAN frgeorge@gocslc.org (732) 232-1036

Rev. Presbyter PATRICK O'ROURKE - ASSISTANT PRIEST frpatrick@gocslc.org (801) 896-4230

Rev. Protopresbyter GEORGE POLITIS - RETIRED

PARISH COUNCIL



2021 Parish Council Executive Board

President: George Karahalios 1st Vice President: Dimitri Gerontis 2nd Vice President: Dr. Demetrios (Tykie) Skedros Treasurer: Elpitha Votsis Asst. Treasurer: Jacquelyn Contant Rec. Secretary: Nico Priskos Cor. Secretary: Lee Kapos 2021 Parish Council Members

Evan Dudley Dorie Farah Steve Gamvroulas Maria Shilaos Nelson George Pappas Tim Reganis Chris Sakellariou Shawn Trujillo



SERVICES & MEMORIALS

TODAY 40-Day Churching of Reena Ruiz and her son Cairo.

<u>SUNDAY, MAR. 14:</u> Sandra Calevas - 1-Year Memorial

PE

HT

UPCOMING SCHEDULE



TODAY:

GREEK FESTIVAL MEETING 1:00 PM @ HT All booth chairs from previous festivals are invited, as well as anyone esle who may be interested in helping in a leadership capacity for this year's festival.

MONDAY, MAR. 8:

Parish Council Meeting

6:30 PM via ZOOM

SATURDAY, MAR. 13: 2nd SATURDAY of SOULS	
Orthros:	9:00 AM @ HT
Divine Liturgy:	10:00 AM @ HT
SUNDAY, MAR. 14: FORGIVENESS SUNDAY Orthros: Divine Liturgy:	9:00 AM 10:00 AM

MONDAY, MAR. 15:

Great Compline

7:00 PM @ PE

- YAL EVENT, attend the service together and then participate in a roundtable discussion about Lent and our Life in Christ with our priests



HYMNS OF THE DAY

Resurrectional ApolytikionPlagal 2nd ModeWhen the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Apolytikion of Pentecost (for the Holy Trinity) Plagal 4th Mode Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him

Kontakion

1st Mode

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous ludge.



4th Mode



YMNOI THC HMGPAC

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<u>Άπολυτίκιον Άναστάσιμον.</u>
<u>Άγγελικαὶ Δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν 兴δην, μὴ πειρασθεὶς ὑπ΄ αὐτοῦ, ὑπήντησας τῆ Παρθένῳ, δωρούμενος τὴν ζωήν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.</u>

<u>Άπολυτίκιον Πεντηκοστής (για την Αγία Τριάδα)</u> <u>Ήχος πλ. δ΄</u> Εύλογητός εἶ Χριστὲ ὁ Θεος ἡμῶν ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τῆν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

<u>Άπολυτίκιον Προφήτου Ηλιού</u>

Ο ένσαρκος άγγελος, τών Προφητών η κρηπίς, ο δεύτερος Πρόδρομος τής παρουσίας Χριστού, Ηλίας ο ένδοξος, άνωθεν καταπέμψας, Ελισαίω τήν χάριν, νόσους αποδιώκει, καί λεπρούς καθαρίζει, διό καί τοίς τιμώσιν αυτόν βρύει ιάματα.

Κοντάκιον

<u>Ήχος α΄</u>

Ήχος δ΄

Όταν ἔλθης ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἕλκῃ, καὶ βίβλοι ἀνοίγωνται, καὶ τὰ κρυπτὰ δημοσιεύωνται, τότε ῥῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου μὲ στῆναι, Κριτὰ δικαιότατε.





THE EPISTLE

Prokeimenon: Great is our Lord, and great is His strength. Verse: Praise the Lord, for the Lord is good

> The reading is from Paul's First Letter to the Corinthians. (8:8-13; 9:1-2)

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.



о апостолос

Προκείμενον: Σύ, Κύριε, φυλάξαις ἡμᾶς καὶ διατηρήσαις ἡμᾶς. Στίχος: Σῶσον με, Κύριε, ὅτι ἐκλέλοιπεν ὅσιος.

> Πρὸς Κορινθίους Α΄ Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα. (8:8-13; 9:1-2)

Άδελφοί, βρῶμα ἡμᾶς οὐ παρίστησι τῷ Θεῷ· οὕτε γὰρ έὰν φάγωμεν περισσεύομεν, οὔτε ἐὰν μὴ φάγωμεν ύστερούμεθα. Βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὕτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. Ἐὰν γάρ τις ἴδῃ σε, τὸν έχοντα γνῶσιν, ἐν εἰδωλείω κατακείμενον, οὐχὶ ἡ συνείδησις αύτοῦ ἀσθενοῦς ὄντος οἰκοδομηθήσεται εἰς τὸ τὰ είδωλόθυτα έσθίειν; Καὶ ἀπολεῖται ὁ ἀσθενῶν ἀδελφὸς ἐπὶ τῆ σῆ γνώσει, δι' ὃν Χριστὸς ἀπέθανεν. Οὕτω δὲ ἁμαρτάνοντες είς τοὺς ἀδελφοὺς καὶ τύπτοντες αὐτῶν τὴν συνείδησιν άσθενοῦσαν εἰς Χριστὸν ἁμαρτάνετε. Διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αίῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμὶ απόστολος; ούκ είμι έλεύθερος; ούχι Ίησοῦν Χριστὸν τὸν Κύριον ἡμῶν ἑώρακα; οὐ τὸν ἔργον μου ὑμεῖς ἐστε ἐν Κυρίω; Εἰ ἄλλοις οὐκ εἰμὶ ἀπόστολος, ἀλλά γε ὑμῖν εἰμί· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν Κυρίω.



THE GOSPEL

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The reading is from the Holy Gospel according to Matthew. (25:31-46)

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

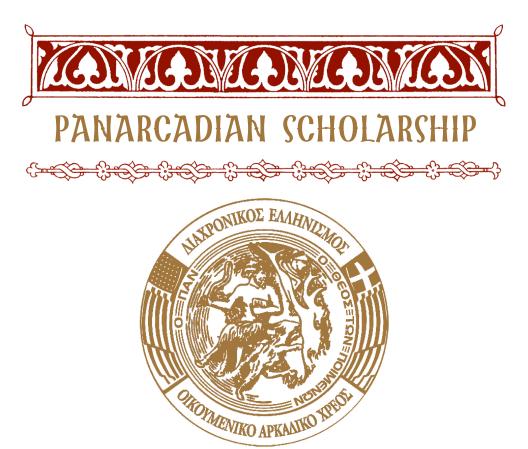
SE REERSE



το εγαγγελιον

ెసెఫ్రెఫ్ ్రెఫ్ 'Εκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα. (25:31-46)

Εἶπεν ὁ Κύριος: Όταν ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῆ δόξη αὐτοῦ καὶ πάντες οἱ ἄγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ· καὶ συναχθήσεται ἕμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ΄ ἀλλήλων, ὥσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν έρίφων, και στήσει τα μέν πρόβατα έκ δεξιῶν αὐτοῦ τα δὲ έρίφια έξ εὐωνύμων, τότε έρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αύτοῦ δεῦτε, οἱ εὐλογημένοι τοῦ πατρός μου, κληρονομήσατε την ητοιμασμένην υμιν βασιλείαν από κατάβολής κόσμου επείνασα γάρ και εδώκατε μοι φαγείν, έδίψησα καὶ ἐποτίσατέ με, ξένος ἤμην καὶ συνηγάγετέ με, γυμνὸς καὶ περιεβάλετέ με, ἀσθένησα καὶ ἐπεσκέψασθέ με, ἐν φυλακῷ ἤμην καὶ ἤλθετε πρός με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες κύριε, πότε σε εἴδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἴδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δε σε εἴδομεν ἀσθενῆ ἡ ἐν φυλακῆ καὶ ἤλθομεν πρός σε; καὶ ἀποκριθἑὶς ὁ βασιλεὺς ἐρεί ἀὐτοἶς. ἀμὴν λέγω ὑμῖν, έφ΄ ὄσον ἐποιήσατε ἑνὶ τούτών τῶν ἀδελφῶν μου τῶν έλαχίστων, έμοι έποιήσατε. Τότε έρει και τοις έξ εύωνύμων πορεύεσθε απ' έμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ. έπείνασα γὰρ καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα καὶ οὐκ έποτίσατέ με, ξένος ήμην καὶ οὐ συνηγάγετέ με, γυμνὸς καὶ ού περιεβάλετέ με, άσθενὴς καὶ ἐν φυλακῆ καὶ οὐκ έπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῶ καὶ αὐτοὶ λέγοντες κύριε, πότε σε εἴδομεν πεινῶντα ή διψῶντα ή ξένον η γυμνόν η άσθενη η έν φυλακή και ού διηκονήσαμέν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων ἀμὴν λέγω ὑμῖν, ἐφ΄ ὅσον οὐκ ἐποιήσατε ἑνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ έποιήσατε. και άπελεύσονται ούτοι είς κόλασιν αιώνιον, οί δὲ δίκαιοι εἰς ζωὴν αἰώνιον.



The Western District of the Panarcadian Federation of America offers three \$2000 scholarships each year to applicants either beginning or continuing their undergraduate studies. We encourage all our qualifying college-bound high school seniors, and all our college students to apply.

> The application for the scholarship is available at: http://www.panarcadianwest.org/news.htm

Applicants must have a grandparent or parent be a member of the local Arcadian Chapter #90 OR be a member herself/himself. Postmark deadline is May 17, 2021.

Please contact Karen Anastasopoulos for any information or with any questions regarding the scholarship: karenanast@gmail.com or 801-913-2414.



Please become a new member or renew your old membership for 2021.

Philoptochos (friends of the poor) is the philanthropic arm of the Greek Orthodox Church. This year we are striving for all ladies of our parish to join and be a part of our philanthropic endeavors.

Your involvement can be as little as your membership dues or volunteering for a committee. You can give as much or as little time as you want. The first step is to join!

If you choose not to join Philoptochos, please consider a donation. No amount of help is too little. Through your generous support, we can continue to grow our ministry.

(Please detach and send a check payable to: Philoptochos Society)

Annual Membership Dues are \$30 Mail check and form to: Mary Katsanevas; 1911 E. Millbrook Drive, SLC, UT 84106 Name______ Address______ Phone______Email_____ Membership \$30______ Donation_____Total_____



• CALL FOR VOLUNTEERS - FEED UTAH FOOD DRIVE 3/20 We will take part in the FEED UTAH FOOD DRIVE on Saturday, March 20, with both of our campuses serving as drive-in drop off locations. We need a total of 20 volunteers to help direct traffic and take donations from cars (10/location). Two shifts: 8am-10:30am, and 10:30am-1:00pm. If you would like to participate, please reach out to Jacque Contant at jacquecontant@gmail.com or (334) 447 - 9643

SUNDAY SCHOOL VIA ZOOM ONLY

Out of an abundance of caution, we have suspended in-person Sunday School. Please contact Elenie Sefandonakis, Paul Karahalios, or Denise Nikols to gain access to the classes.

NEXT COMMUNITY DESIGN TOWNHALL

Please join the Real Estate Committee on March 18 at 6:00PM via ZOOM to discuss the topic "Our Past in Our Future: The Hellenic Cultural Museum in Salt Lake City"

COVID-19 PROTOCOL

Please remember that masks are required at all services and events.

In love for our friends and neighbors, if you are experiencing ANY symptoms which might be caused by the coronavirus - fever, cough, shortness of breath, sore throat, muscle aches - or have been around someone who has, if you have been tested and are awaiting results, or if you have been around someone else who has, please SEEK MEDICAL ATTENTION and STAY HOME. Please call Fr. George or Fr. Patrick if you or someone you know may be sick and in need of prayer.





LENTEN SERVICES

GREAT COMPLINE

Monday	March 15	7pm	PE
Monday	March 22	7pm	HT
Monday	March 29	7pm	PE
Monday	April 5	7pm	HT
Monday	April 12	7pm	PE

PRE-SANCTIFIED LITURGY

Wednesday	March 17	6pm	PE	
Wednesday	March 24	6pm	HT	
- (Great	Vespers tonight -	- No Holy Co	mmunion)	
Wednesday	March 31	6pm	PE	
Wednesday	April 7	6pm	HT	
Wednesday	April 14	6pm	PE	

SALUTATIONS

Friday	March 19	7pm	BOTH CHURCHES
Friday	March 26	7pm	BOTH CHURCHES
Friday	April 2	7pm	BOTH CHURCHES
Friday	April 9	7pm	BOTH CHURCHES
Friday	April 16	7pm	BOTH CHURCHES

SATURDAY OF SOULS

March	6	9am	PE
March	13	9am	ΗT
March	20	9am	PE

