



**GREEK  
ORTHODOX CHURCH  
OF GREATER SALT LAKE**



**FEBRUARY 26, 2023**

**FORGIVENESS SUNDAY  
(CHEESEFARE)**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**



# CHURCHES



## HOLY TRINITY CATHEDRAL

279 South 300 West  
Salt Lake City, UT 84101  
(801) 328-9681

## PROPHET ELIAS CHURCH

5335 Highland Drive  
Holladay, UT 84117  
(801) 277-2693

[churchoffice@gocslc.org](mailto:churchoffice@gocslc.org)

# CLERGY



V. Rev. Archimandrite GEORGE NIKAS ~ CATHEDRAL DEAN  
[frgeorge@gocslc.org](mailto:frgeorge@gocslc.org) (732) 232-1036

Rev. Protopresbyter GEORGE POLITIS ~ RETIRED

# PARISH COUNCIL



## 2023 EXECUTIVE BOARD

President: George Karahalios  
1st Vice President: Dimitri Gerontis  
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Recording Secretary: Michael Giamalakis  
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## 2023 MEMBERS AT LARGE

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# FORGIVENESS SUNDAY



The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.



# THIS WEEK'S SCHEDULE



## SUNDAY, FEBRUARY 26 – Cheesefare Sunday

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
GOYA Basketball Practice	1:00pm–6:00pm	@ PE Lg Gym
Dionysios Dance Practice	2:00pm–4:00pm	@ PE Sm Gym

## MONDAY, FEBRUARY 27 – Clean Monday

Great Compline	6:00pm–7:00pm	@ PE
GOYA Basketball Practice	6:00pm–10:00pm	@ PE Lg Gym
Girl Scouts	6:30pm–8:30pm	@ PE Sm Gym

## TUESDAY, FEBRUARY 28

Greek School	6:30pm–8:00pm	@ PE
GOYA Basketball Practice	7:00pm–10:00pm	@ PE Lg Gym
Dionysios Dance Practice	8:30pm–10:00pm	@ PE Sm Gym

## WEDNESDAY, MARCH 1

PreSanctified Liturgy & Lenten Potluck	6:00pm–8:00pm	@ PE & Sm Gym
Jr & Sr GOYA Dance Practice	6:00pm–8:00pm	@ HT Gym
Boy Scouts Meeting	6:00pm–8:00pm	@ PE Sm Gym
GOYA Basketball Practice	7:00pm–10:00pm	@ PE Lg Gym

## THURSDAY, MARCH 2

GOYA Basketball Practice	6:00pm–10:00pm	@ PE Lg Gym
Greek School	6:30pm–8:00pm	@ PE
Choir Practice	7:00pm–8:00pm	@ PE
Dionysios Dance Practice	8:30pm–10:00pm	@ PE Sm Gym

## FRIDAY, MARCH 3

1st Salutations	7:00pm–8:30pm	@ PE
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## SATURDAY, MARCH 4

3rd Saturday of Souls	9:00am–11:00am	@ PE
GOYA Basketball Game	9:00am–3:00pm	@ PE Lg Gym
Greek School	10:00am–1:00pm	@ HT

## SUNDAY, MARCH 5 – Sunday of Orthodoxy

Orthros	9:00am	@ Both Churches
Divine Liturgy	10:00am	@ Both Churches
Minos Men's Meeting	1:30pm–3:00pm	@ HT Warehouse
Dionysios Dance Practice	2:00pm–4:00pm	@ PE Sm Gym
Minotavros Dance Practice	4:00pm–9:00pm	@ PE Lg Gym



# MEMORIALS & SERVICES



SUNDAY, FEBRUARY 26

AT HOLY TRINITY

Gregory J. Skedros: 1 ~ Year Memorial  
Jenny (Ioanna) Pappas Skedros: 16 ~ Year Memorial  
Anthony G. Skedros: 26 ~ Year Memorial  
Coffee hour sponsored by the Skedros Family

SUNDAY, MARCH 5

Sunday of Orthodoxy

SUNDAY, MARCH 12

AT HOLY TRINITY

Maria Vardakis: 30 ~ Year Memorial

AT PROPHET ELIAS

Nicholas George Kepros: 40 ~ Day Memorial  
MaryAnn Hudak: 40 ~ Day Memorial  
Nick Alexopoulos: 40 ~ Day Memorial  
John Hudak: 17 ~ Year Memorial

SUNDAY, MARCH 19

Veneration of the Holy Cross





# ΥΜΝΟΙ ΤΗΣ ΗΜΕΡΑΣ



## Ἀπολυτίκιον Ἀναστάσιμον

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Εσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

## Ἀπολυτίκιον Πεντηκοστής (για τὴν Ἁγία Τριάδα)

Εὐλογητὸς εἶ Χριστὲ ὁ Θεὸς ἡμῶν ὁ πανσόφος τοὺς ἀλιεῖς ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλάνθρωπε δόξα Σοι.

## Ἀπολυτίκιον Προφήτου Ηλίου

Ὁ ἑνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεύτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ηλίας ὁ ἑνδοξος, ἀνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους αποδιώκει, καὶ λεπρούς καθαρίζει, διό καὶ τοῖς τιμώσιν αὐτὸν βρῦει ἰάματα.

## Κοντάκιον

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἴδου γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ελεῆμον, ἐλέησόν με τὸν παραπεσόντα .



# HYMNS OF THE DAY



## Resurrectional Apolytikion

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

## Apolytikion of Pentecost (for the Holy Trinity)

Blessed are You, O Christ our God, who made fishermen all-wise, sending upon them the Holy Spirit and, through them, netting the world. O Loving One, glory to You.

## Apolytikion of the Prophet Elias

The incarnate Angel, the Cornerstone of the Prophets, the second Forerunner of the Coming of Christ, the glorious Elias (Elijah), who from above, sent down to Elisha the grace to dispel sickness and cleanse lepers, abounds therefore in healing for those who honor him.

## Kontakion

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.



# Ο ΑΠΟΣΤΟΛΟΣ



**Προκείμενον:**

Εὔξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

**Στίχος:**

*Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός,  
ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.*

**Πρὸς Ῥωμαίους Ἐπιστολῆς Παύλου τὸ ἀνάγνωσμα**

(13:11-14; 14:1-4)

Ἀδελφοί, νῦν ἐγγύτερον ἡμῶν ἢ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νύξ προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν. Ἀποδώμεθα οὖν τὰ ἔργα τοῦ σκότους καὶ ἐνδυσώμεθα τὰ ὄπλα τοῦ φωτός. Ὡς ἐν ἡμέρᾳ εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέθαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ, ἀλλ' ἐνδύσασθε τὸν Κύριον Ἰησοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιῆσθε εἰς ἐπιθυμίαν. Τὸν δὲ ἀσθενοῦντα τῇ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὃς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενεῖτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω· ὁ Θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; τῷ ἰδίῳ Κυρίῳ στήκει ἢ πίπτει, σταθήσεται δέ· δυνατὸς γάρ ἐστιν ὁ Θεὸς στήσαι αὐτόν.







# THE EPISTLE



## Prokeimenon:

Pray and return to the Lord Your God.

## Verse:

*In Judah God is known;  
His name is great in Israel.*

## The reading is from Paul's First Letter to the Romans

(13:11-14; 14:1-4)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.





# ΤΟ ΕΥΑΓΓΕΛΙΟΝ



Εκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα

(6:14-21)

Εἶπεν ὁ Κύριος· Ἐὰν ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, ἀφήσει καὶ ὑμῖν ὁ πατήρ ὑμῶν ὁ οὐράνιος· ἔὰν δὲ μὴ ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, οὐδὲ ὁ πατήρ ὑμῶν ἀφήσει τὰ παραπτώματα ὑμῶν. Ὅταν δὲ νηστεύητε, μὴ γίνεσθε ὡσπερ οἱ ὑποκριταὶ σκυθρωποί, ἀφανίζουσι γὰρ τὰ πρόσωπα αὐτῶν ὅπως φανῶσι τοῖς ἀνθρώποις νηστεύοντες· ἀμὴν λέγω ὑμῖν, ὅτι ἀπέχουσιν τὸν μισθὸν αὐτῶν. σὺ δὲ νηστεύων ἄλειψαί σου τὴν κεφαλὴν καὶ τὸ πρόσωπόν σου νίψαι, ὅπως μὴ φανῆς τοῖς ἀνθρώποις νηστεύων ἀλλὰ τῷ πατρί σου τῷ ἐν τῷ κρυπτῷ· καὶ ὁ πατήρ σου ὁ βλέπων ἐν τῷ κρυπτῷ ἀποδώσει σοι ἐν τῷ φανερῷ. Μὴ θησαυρίζετε ὑμῖν θησαυροὺς ἐπὶ τῆς γῆς, ὅπου σῆς καὶ βρῶσις ἀφανίζει, καὶ ὅπου κλέπται διορύσσουσιν καὶ κλέπτουσιν· θησαυρίζετε δὲ ὑμῖν θησαυροὺς ἐν οὐρανῷ, ὅπου οὔτε σῆς οὔτε βρῶσις ἀφανίζει, καὶ ὅπου κλέπται οὐ διορύσσουσιν οὐδὲ κλέπτουσιν· ὅπου γάρ ἐστιν ὁ θησαυρός ὑμῶν, ἐκεῖ ἔσται καὶ ἡ καρδιά ὑμῶν.



# THE GOSPEL



The reading is from the holy Gospel according to Matthew

(6:14-21)

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."



# OUR JOURNEY TO PASCHA! 2023

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week <b>FEBRUARY 5th</b>	 <i>TRIIDION WEEKS</i> <b>Publican and the Pharisee</b> Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week <b>FEBRUARY 12th</b>	 <b>The Prodigal Son Returns!</b> Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare <b>FEBRUARY 19th</b> FAREWELL TO MEAT TODAY	 <b>The Last Judgement</b> Epistle: 1 Corinthians 8:8-9;2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare <b>FEBRUARY 26th</b> FAREWELL TO CHEESE TODAY	 <b>Adam and Eve are cast from Paradise!</b> <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14;4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent <b>MARCH 5th</b>	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> <b>SUNDAY of ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent <b>MARCH 12th</b>	 <b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent <b>MARCH 19th</b>	 <b>VENERATION OF THE HOLY CROSS</b> <i>HALF WAY TO PASCHAI</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent <b>MARCH 26th</b>	 <b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent <b>APRIL 2nd</b>	 <b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! <b>APRIL 9th</b> GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY <b>APRIL 14th</b>	 <b>GREAT AND HOLY FRIDAY</b> <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! <b>APRIL 16th</b> NO FASTING!	 <i>BRIGHT WEEK</i> <b>HOLY PASCHAI (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Great everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!





## 2023 LENTEN SERVICES

All of the below Lenten Services will be held at  
Prophet Elias Greek Orthodox Church  
due to chanters' availability

### GREAT COMPLINE

Monday	February 27	6pm
Monday	March 6	6pm
Monday	March 13	6pm
Monday	March 20	6pm
Monday	March 27	6pm

### PRE-SANCTIFIED LITURGY

Wednesday	March 1	6pm Potluck to follow in Sm Gym
Wednesday	March 8	6pm
Wednesday	March 15	6pm
Wednesday	March 22	6pm
Wednesday	March 29	6pm

### SALUTATIONS

Friday	March 3	7pm
Friday	March 10	7pm
Friday	March 17	7pm
Friday	March 24	7pm Great Vespers of Annunciation
Friday	March 31	7pm (Akathyst)

### SATURDAY OF SOULS

February 25	9am
March 4	9am





ANNUAL COMMUNITY EVENT BENEFITTING  
ALL YOUTH MINISTRIES

# APOKREAS Y2k



**FEB. 25 6 PM HOLY TRINITY**

Celebrate the tacky  
trends of the  
early 2000s!

**6:00 Social Hour**  
**7:00 Dinner**  
**8:00 Raffle**  
**8:30 Dancing**

**Adult Ticket**  
\$15 Pre-Sale  
\$20 at the Door  
**Kids 12 & Under**  
\$10 Pre-Sale  
\$15 at the Door

Questions? Trish Kapos, 801-725-3075  
Angie Hillas, 801-652-5757

Click the Link  
Below or  
Scan here to  
register!

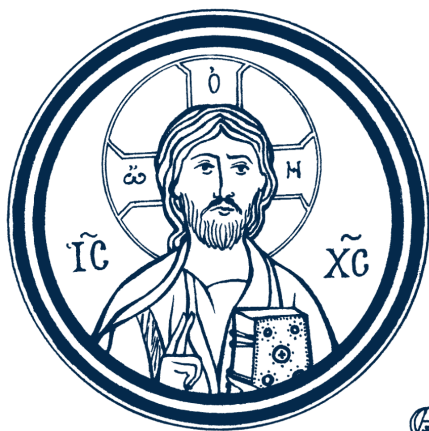


# YOUNG AT HEART

The Young at Heart will have their luncheon on Thursday March 9th, in the Memorial Hall at noon. Bring a friend and enjoy some food, fellowship and BINGO. Desserts are welcome and appreciated.

See you then!

ΚΑΛΗ ΣΑΡΑΚΟΣΤΗ





## PARISH LENTEN RETREAT

presented by the St. Philothea Philoptochos  
Saturday, March 11, 2023 @ Prophet Elias  
9:30 am - 1:00 pm

Putting Lenten Intention to Practice with Cognitive  
Science and The Holy Spirit

Alexandra Cayias has a Masters of Science from the University of Utah in Speech Language Pathology and has worked in adult neurological rehabilitation for 13 years. She has spent most of her adult life in Salt Lake City and has enjoyed participating in the Greek Orthodox Community in various ways.



9:30am-10:00am - Continental Breakfast  
10:00am-12:00pm - Presentation  
12:00pm- 1:00pm - Lenten Potluck Lunch

As Orthodox Christians we conceptualize Great Lent as more than just a time to give up chocolate or even life sustaining foods like dairy and meat. Our religious leaders also highly encourage us to assess and address how we can deepen our relationship with God, the teachings of our Church, and our fellow neighbors.

Alexandra is excited to discuss how implementing simple principles based in cognitive science can facilitate the development of meaningful tools to help you stick to your Lenten intentions and optimize your ability to maintain them once lent is over. This interactive presentation will also include insights on Orthodox prayers, teachings and reading to help orient participants to a Lenten mindset and focus.





# PHILOPTOCHOS CORNER



Membership Coffee Hour  
Everyone is Invited!  
Sunday, March 5th  
Holy Trinity & Prophet Elias

We will be hosting coffee hour at both churches. Please come enjoy some fellowship, pastries, and become a member of the Philoptochos!



## Save the Date

2nd Annual - Drive-By  
**MARDI BRA!**  
Saturday, March 18  
11am - 2pm  
Prophet Elias North Parking Lot

This project is a collaboration in support of the Salt Lake City Mission. Please help us collect the following items:

*bras (new), feminine hygiene products, shampoo/soap, brushes, combs, toothpaste/toothbrushes, nail products, toiletries, and women's new undergarments.*

As you drop off your items, stop by for a cup of coffee, pastries and a little para! Thank you for your continued support of Philoptochos and the many good things we do with your assistance!



**MARDI  
BRA**

**MARDI BRA** is an initiative to collect and provide **feminine hygiene** products for women and teens who do not have easy access to these products.





Opa!

Here is a quick recap of the Hellenic Dance meeting.

UPCOMING TIMELINE:

February 15<sup>th</sup> Dance Registration

DEADLINE [CLICK HERE TO REGISTER](#) PLEASE REGISTER TODAY!

February 16-20<sup>th</sup> - Announcement of Master Practice Schedule for all groups, based upon registration results.

February 22<sup>nd</sup> - Dance FEES DEADLINE Venmo @Hellenic Cultural & Dance School of GOCSLC or mail to Arge Feotis 972 East 3825 South SLC UT 84106

March 1<sup>st</sup> The practices/dance year for 2023 will begin, and all registrants will be notified of the official schedule.

- For 2023, and all years moving forward, dancers will dance in the group based on their current school grade and advance on October 1st (after the annual Greek festival).
- \$40 fee each dancer, due Feb 22. (refundable up to March 31st, if dancer chooses not to dance).
- Costumes will remain the same for 2023.
- Costume closet is seeking any and all costume's to be able to provide all students with costumes at little to no cost. To donate any pieces, please contact any of the following:

Tia Athens - 801-699-7883

Roula Sargetakis - 801-244-1440

Arge Feotis - 801-750-3240

GROUPS FOR 2023:

Sr. GOYA - 9th-12th-Instructors Apostolos Maritsas and Anna Deneris

Jr. GOYA - 6th-8th-Instructors Lexi Tzakis and Megan Curtis

Specialized dance teachers-Tricia Louras

Joy - 3rd-5th - Staci Mihalopoulos

Hope - 1st & 2nd - Soula Christopoulos

Lambs - PreK-Kindergarten - Mary Papadakis



**HELLENIC CULTURE AND DANCE  
SCHOOL OF GREATER SALT LAKE**

**6TH-12TH SCHEDULE  
ANNOUNCED!**

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**JR. GOYA GRADES 6TH-8TH**

**WED, MARCH 1, 8, & 15**

**\*H.T. 6PM-7PM**

**\*NOTE: LOCATION CHANGE**

**SR. GOYA GRADES 9TH-12TH**

**WED, MARCH 1, 8, & 15**

**\*H.T. 7PM-8PM**

**NOTE: LOCATION CHANGE**

**!!MANDATORY PARENT ATTENDANCE!!**

**MARCH 1ST FOR**

**BOTH GROUPS**

**JR. GOYA & SR.GOYA**

**MARCH 22, 29, APRIL 5 6PM-8PM H.T.**

**JR. GOYA & SR. GOYA**

**FOLLOWING EASTER, PRACTICES WILL**

**BE AT PROPHET ELIAS EACH**

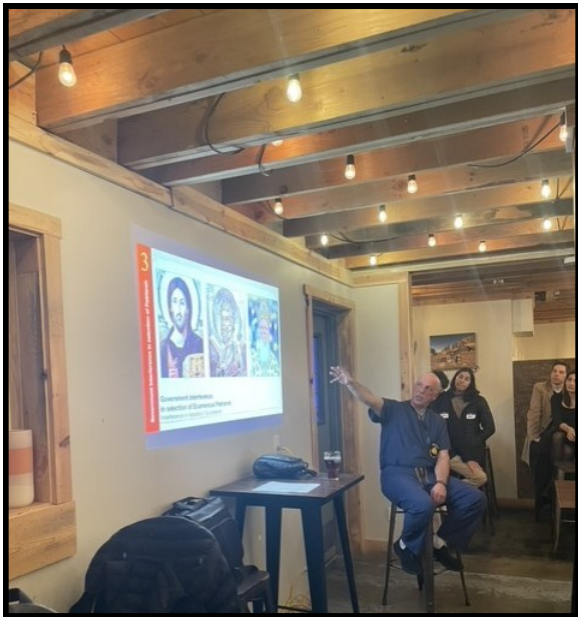
**WEDNESDAY, 6-8 P.M.**

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**PRE-K-5TH LOOK FOR SCHEDULE ANNOUNCEMENT IN APRIL  
QUESTIONS? CONTACT ORIE @ 801 808 6542**



The Young Professionals extend their gratitude to Archon Demetrios Skedros, MD for his enlightening presentation on the Archons of the Ecumenical Patriarchate at our recent Orthodoxy on Tap








# SAINT SOPHIA SCHOOL

Saint Sophia School wants to invite you to a Parent Education Session with Nick Tsandes, LCSW on Wednesday, March 1, 2023, from 9:00-10:00 a.m. at Saint Sophia School.

We are excited to offer parents an opportunity to hear from a specialist in children's:

- social development
- emotional development
- spiritual development
- physical development

The format is informal and will focus on parent questions. Please plan to attend this unique chance to make parenting easier. Send your PARENTING QUESTIONS and RSVP to Martha, [director@saintsophiaschool.org](mailto:director@saintsophiaschool.org) by February 28th.



## Saint Sophia School

Discover, Explore, Imagine, Create

### Enrollment open for 2023-2024

- Toddlers (18 mo. - 2 1/2 yrs.)
- Early Three
- PreK-3
- PreK-4
- Kindergarten (Half and Full Day)



Come join us for a wonderful school year!

Email: [director@saintsophiaschool.org](mailto:director@saintsophiaschool.org)

Phone: 801-424-1297

5341 S. Highland Drive, Holladay Utah





SAVE THE DATE

# PASCHALINO GLENDI

Community Event



APRIL 22 @ HT





# ANNOUNCEMENTS

- Church Office Email – The older Church email [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com) is no longer a used/supported email for communication with the office and information is being missed. Please change your Church office email correspondence and email address books to: [churchoffice@gocslc.org](mailto:churchoffice@gocslc.org)

----- SAVE THE FOLLOWING DATES -----

More Information forthcoming for all dates below

- Jr. & Sr. Oratorical Festival – Sunday, March 19 at HT
- Saturday of Lazarus Retreat – Saturday, April 8th at PE
- OPA Camp – Week of June 19th
- CrossRoad 2023 – CrossRoad is a ten-day academic summer institute that prepares rising high school seniors and graduating seniors to make big life decisions and invites them to connect with the Orthodox Christian theological and spiritual tradition in a deep and meaningful way. CrossRoad offers a space for young people to form authentic and lifelong friendships, ask hard questions, and explore their calling as an Orthodox Christian in the 21st Century. Info at [crossroadinstitute.org](http://crossroadinstitute.org)

CrossRoad 2023 Location & Dates

Boston 1 - June 9–19  
Boston 2 - June 23 to July 3  
San Francisco - July 5–15  
Chicago - July 22 to August 1

- Camp Emmanuel 2023  
July 16–22, 2023, Ponderosa Camp, Larkspur, Colorado. Posting more information as it becomes available.